

**DEPARTMENT OF HUMAN SERVICES**

DIVISION OF ALCOHOL AND DRUG ABUSE

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**STATE OF SOUTH DAKOTA
DEPARTMENT OF HUMAN SERVICES
METHAMPHETAMINE TREATMENT PROGRAM FOR ADULT OFFENDERS**

PROGRAM DESCRIPTION

The grant states "This is a Level 111.7 Intensive Inpatient Long Term Treatment Program that is utilized only in extreme cases and when all other means of treatment have been exhausted. This program is an alternative to violating the conditions of parole/probation, rather than returning the client to a correctional institution." If you have an inmate/parolee/probationer that you would like to refer to the meth program, please follow the following steps.

1. First, you need to decide if a referral is appropriate for this program. Have all other means been exhausted? Have they been to another level of treatment before? Do they have *any* desire to quit using? Do they have any pending legal charges? Remember—alternative to incarceration.

This is a very expensive program. Our guideline is to use the least restrictive environment. We only have 25 slots per year, so use them wisely.

2. Get the client to commit to a one year program. You can explain the phases described below to them so they understand their part (mainly financially).

They are responsible for the Aftercare portion and possibly a portion of the half-way house (any costs above \$40 per day that the Division pays)

3. They will need to get a Drug & Alcohol Treatment Needs Assessment completed.

This can be done at any Accredited Agency. If there is a problem getting one done let me know. The Division has counselors across the state that may be able to do them.

4. The agency completing the assessment will submit it electronically to the Division for approval. The Human Services Resource Coordinators will be the ones to approve the applicant.

5. Once approved, they may enter the program. We will set the date, according to Keystone's schedule.

6. Mountain Plains Research follow up forms **MUST BE COMPLETED** at the time of admission, midway through treatment, at discharge and during aftercare.

7. The Division will also be asking for verbal progress reports on each client at certain times during the program.

There are 4 phases to the program:

Phase One-Stabilization: Initial and ongoing assessment in a medically monitored detoxification setting. The length of this phase is based on individual need under the direction of medical personnel. Physicians, Nursing and Mental Health Staff, and Chemical Dependency Counselors will comprise the clinical care team during Phase I. If a client is admitted and is not experiencing withdrawal, he/she must be moved into Phase II within 3 working days. This phase will be at Keystone Treatment Center in Canton and funded by the Division.

Phase Two-Intensive Treatment: A medically monitored residential methamphetamine specific treatment program. This phase includes individual and family therapy. Offenders will be assigned a mentor who will work directly with them for the remainder of the year long continuum of care. Although some standard chemical dependency treatment approaches including education, individual, group, and family therapy will be used; other medical, behavioral, and mental health interventions will also be applied as indicated and appropriate. Physicians, Nursing and Mental Health Staff and Chemical Dependency Counselors will comprise the clinical care team during Phase II. This phase will be at Keystone Treatment Center in Canton and funded by the Division.

Phase Three-Structured Living: After successful completion of phase II, each individual will be admitted to a high intensity residential stay facility (Half-Way House or Community Transition Program). This phase will last 90 days and will include a 6-8 week Intensive Outpatient Treatment Program (IOP), followed by continuing care services. Physicians, Nursing and Mental Health Staff and Chemical Dependency Counselors will comprise the clinical care team during Phase III. Continued work on primary chemical dependency issues, attendance at appropriate social support networks and/or 12 step programs, continued mental health care, life skills training and work therapy would be included in the care plan during this phase. This phase may take place at more than one facility. They may reside in a Half-Way House, attend Intensive Outpatient Treatment at another treatment facility, then go to aftercare at another facility. The first 90 days of housing and a maximum of \$1240 for IOP are funded by the Division. Weekly Continuing Care sessions for the remainder of the year are the responsibility of the client.

Phase Four-Community Placement: Return to the home community and link with existing community resources, local Methamphetamine Coalitions and remain in contact with the mentor for the remainder of the year long continuum of care. Individuals will be linked to the existing Methamphetamine Awareness and Prevention Project (currently funded through the Department of Justice, COPS Program) and admitted to a continuing care program in a community chemical dependency agency. Methamphetamine Awareness and Prevention Professionals and Chemical Dependency Counselors will comprise the clinical care team during Phase IV. Continued work on ongoing chemical dependency issues, attendance at appropriate social support networks and/or 12 step programs, and continued mental health care would be included in the care plan during this phase.